

## September 2018

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|--|---|--|---|---|---|---|
| MfN  | MISSISSIPPI<br>FOOD NETWORK HUNGER ACTION MONTH   |  |   |   |   | <b>1 Start</b><br>Start collecting<br>your change – at<br>the end of the<br>month donate to<br>MFN. |
| 2 Share  | 3 Check it Out  | 4 Change   | 5 Food<br>Drive   | 6 Shop  | 7 Go Casual   | 8 Volunteer   |
| Share this<br>calendar on your<br>church bulletin<br>board                                       | Visit<br><u>www.msfoodnet.org</u><br>and get acquainted<br>with us and learn<br>about our mission.                  | Change your<br>Facebook profile<br>picture or cover<br>photo to an<br>image of orange<br>for the month.                        | Host a food drive<br>at your school,<br>work or faith<br>community.   | Link your Kroger<br>card to support<br>MFN each time<br>you shop with<br>Community<br>Rewards – HN833           | Organize a casual<br>day at work or<br>school.<br>Participants can<br>donate to MFN to<br>dress casual.               | Volunteer with us<br>to pack food boxes<br>from 9 am – noon<br>at our warehouse.                    |
| <b>9 Honor</b><br>Today is<br>Grandparent's<br>Day. Make a<br>donation in their<br>honor to MFN. | 10 Spread the<br>Word<br>"Like" MFN on your<br>social networks.   | <b>11 Give Up</b><br>Give up coffee,<br>sodas or vending<br>machine snacks<br>for one week<br>and donate that<br>money to MFN. | 12 Take a<br>Selfie<br>Take a selfie with<br>an empty plate<br>and share it on<br>social media- Tag<br>MFN. | 13 Turn<br>Orange!<br>Wear Orange<br>today to show<br>your support of<br>hunger relief<br>effort                | 14 Set an<br>Empty Plate<br>Let this be a<br>reminder at your<br>table of all those<br>who are at risk for<br>hunger. | 15 It's Not<br>Too Late<br>Find out what<br>events are coming<br>up at volunteer.                   |
| 16 Cook  | 17 Smile  | 18 Visit   | 19 Eat In   | 20 Tweet  | 21 Talk   | 22 Hunt   |
| Share your<br>favorite recipe<br>with oranges and<br>we will share<br>ours.                      | Sign up to support<br>MFN when you shop<br>at Amazon Smile.<br>.05% of your<br>purchase total is<br>donated to MFN. | Schedule a visit<br>to join us for a<br>behind the<br>scenes look at<br>MFN.   | Pack a lunch and<br>donate what you<br>would have spent<br>to MFN.  | Send out a tweet<br>about hunger in<br>your community.  | Talk about hunger<br>with your family<br>and friends.   | Donate extra deer<br>meat through<br>Hunter's Harvest.<br>www.mswildlife.org                        |
| 23 Donate  | 24 Experience   | 25 Learn   | 26 Join   | 27 Sponsor  | 28 Discuss  | 29 Plant  |
| Take a special<br>collection today<br>for MFN.<br>\$10 = 70 meals                                | See if you can meet<br>your nutritional<br>needs on less than<br>\$5 a day – were you<br>able to meet them?         | Sign up for<br>MFN's emails to<br>stay informed<br>about our<br>events, news and<br>opportunities.                             | Join us at our<br>Vicksburg Mobile<br>Pantry - Warren<br>Central High<br>School from 10<br>am – 12 pm.      | Sponsor a child in<br>our Backpack<br>Program – you &<br>3 friends each<br>donate \$32 -<br>\$128 for the year! | Host a potluck for<br>Good Neighbor<br>Day. Discuss how<br>you can fight<br>hunger.                                   | Think about<br>planting a garden –<br>donate produce to<br>MFN or local<br>pantry.                  |
| <b>30 Continue</b><br>Help us work to<br>end hunger in our<br>service all year                   | MSFoodNetwork   |  | daat @r   | nsfoodnet   |   |   |
| long – become a  | MSFoodNetwork @msfoodnet @msfoodnet<br>Mississippi Food Network PO Box 411 Jackson MS 39205 www.msfoodnet.org       |  |   |   |   |   |

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monthly donor.